

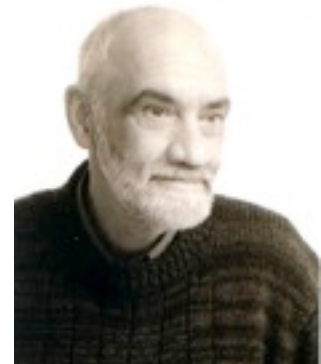
**P A R E N T A L**

**A D V I S O R Y**

**E X P L I C I T C O N T E N T**

# Shit happens

**Steve de Shazer**



# Liveable Shit

<https://www.youtube.com/watch?v=adYUJn7UUN8>







- "I have never been able to say what it is we have done which I have found helpful, but it really has been I've always feel like you understood me and have never ignored how I feel or try to make out I do not feel the way I do"
- "You have never given up on me which has helped me not give up on myself"

thank  
you

© 1988

R o b

hat's B e e r

B e t t e r ?

on particularly rough  
days when i'm sure i  
can't possibly endure,  
i like to remind myself  
that my track record  
for getting through bad  
days so far is 100%.  
and that's pretty good.

<https://www.youtube.com/watch?v=LODkVkpaVQA>



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