

**Creative Solution-Focused Practice**  
**EBTA, Malmo**  
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# Call and response

- a form of "spontaneous verbal and non-verbal interaction between speaker and listener in which all of the statements ('calls') are punctuated by expressions ('responses') from the listener
- in African cultures, call-and-response is a pervasive pattern of democratic participation—in public gatherings, in the discussion of civic affairs, in religious rituals, as well as in vocal and instrumental musical expression



# Taxi Radio

# Common language

- **Between workers / professionals**
- **Clients**

# **An interactional creativity**

- **Creativity is in the interaction between the therapist and client.**
- **The therapist's creativity lies in –**
  - **listening closely to the client's answer**
  - **choosing which words of the client's to construct a question around**
  - **constructing a question**
  - **listening closely to the client's answer**

# Exercise (1)

- **Groups of 4**
- **Client, therapist, and consultants**
- **“What are your best hopes from this short conversation?”**
- **Each successive question must contain at least one word from the preceding answer (nod to Paul Z Jackson)**
- **After each answer, the consultants discuss which word(s) they might construct their question around**
- **Therapist, ask your next question when you are ready**

# **Anarchy in the UK – in Malmo anyway!**

- **Pause the exercise when the music resumes**



Creativity is the  
opposite  
of routine





getting work done at college

getting on better with family

listening to my parents



CONFIDENT

DANCING

SWIMMING

shop

best mate

happy

Don't lose the plot!

worked harder at school

Confident



NOT SWIMMING



# Exercise 2

- **One person to be the client**
- **The other people will take on the role of therapist/practitioner**
- **The first task for the therapist/practitioner is to find out three things that your client enjoys outside of work**

# Next task

- **Now find out an aspect of your clients life that they would like to see some improvement in over the next few months**

# Creative task

- **Now construct a progress scale based on one of the three things you first found out from your client**
- **Establish where your client is and what's working**
- **Establish where would be good enough on the scale**
- **Finally get your client to describe what they would notice about themselves, what they would be doing etc etc supposing they had moved one point higher up the scale**

- **What words could you be taking away from this workshop which might inspire your own creativity?**

# “We say good you say bye!”

- So long, farewell, auf wiedersehen, good night!
- Though hopefully it's au revoir!
- Get in touch –  
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